



# KRANTIGURU SHYAMJI KRISHNA VERMA KACHCHH UNIVERSITY, BHUJ- KACHCHH

(FAMILY AND COMMUNITY SCIENCES)

## HOME SCIENCE

**B.A. (NEP) 2020**

**Semester-III & IV**

**W.E.F. JUNE 2020**

**Chair person**

1. **Dr. Shashikala.J. Maheshawari.** ✓
2. **Dr. Kiran.A. Raval.**
3. **Prof. Jyoti.K. Patal.**
4. **Urvashi Mishra**
5. **Mahendra. Patel**

**Dean- Dr. Kalpana. Satija**



*Satija*  
**Dr. Kalpana Satija**  
Dean, Arts Faculty  
KSKV Kachchh University



KRANTIGURU SHYAMJI KRISHNA VERMA  
KACHCHH UNIVERSITY, BHUJ- KACHCHH

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1. Dr. Shashikala.J. Maheshwari.

*Maheshwari* [9427211138]

2. Dr. Kiran.A. Raval.

*K.Raval* [9978009229]

3. Prof. Jyoti.K. Patal.

*Jyoti Patal* [9426971321]

4. Urvashi Mishra

*Urvashi Mishra* [9825610363]

5. Mahendra.Patel

*M.Patel*

Dean- Dr. Kalpana.Satija

[9426322623]



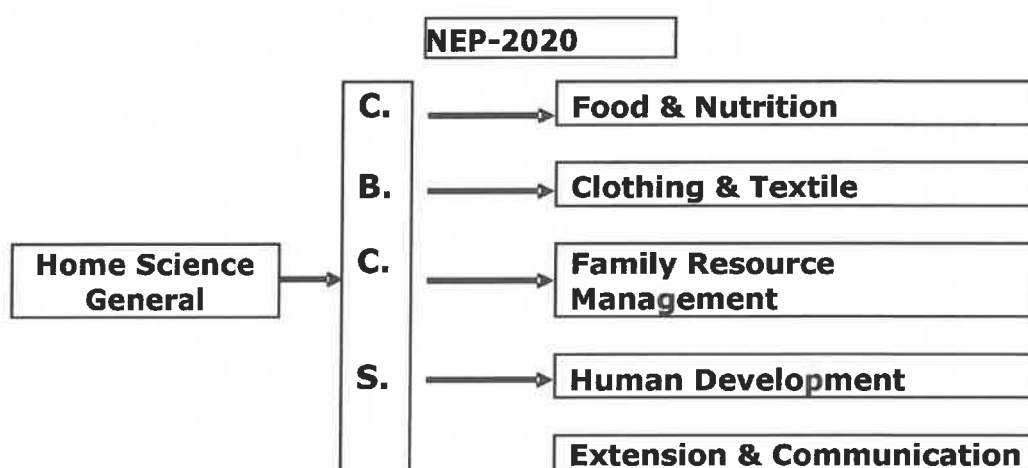
# K.S.K.V.KACHCHH UNIVERSITY

## HOME SCIENCE UNDERGRADUATE PROGRAMMES For GENERAL HOME SCIENCE

### (FAMILY AND COMMUNITY SCIENCES)

#### CURRICULUM AS PER THE NEP 2020 & UGC GUIDELINES

(Implemented from June 2023)



#### PREFACE:

Home Science (Family and Community Science) is an interdisciplinary field of studies comprising of Food and Nutrition Science, Clothing and Textile Science, Human Resource Management, Human Development and Extension and Communication. Each of this area is multi - disciplinary in nature dealing with the 'Art and Science of Living'. The individual, the family and the community are the focus of Home Science. The security and development of the family is so much part of the social fabric of individuals and communities which are reflected in the curriculum of Home Science, with due focus on gender neutral, career perspectives and region specific - urban as well as rural areas.

Home Science is a unique field of knowledge and its inter-disciplinary approach in synthesizing knowledge drawn from physics, Biology, Social Science, Arts and Humanities, Technology and Management has enriched its educational program which prepare an individual in improving the standard of living, quality of life of individuals and communities, which contributes significantly to the economic and over all development of the individual, family and nation to meet the challenges in the global context. This is achieved through a blend of academics, research training and extension as well as industrial applications. The programmed has considerable emphasis on integrated approach of combining theory and practical's and fieldwork. Competency based courses have sound market value and would lead to social and economic empowerment. Field placement would be incorporated to allow for the Integration of skills in the learning process with transfer of knowledge from laboratory to classroom and from classroom to field.



The programme allows flexibility in the choice of thrust areas, which student can select, based on their career goals. It is envisaged that the current scenario at the regional and national level require trained professionals in areas such as clinical and therapeutic Nutrition, Extension Management, Apparel Design and Construction, Child and Human Rights, Nutrition for Health and Fitness, Fashion Design, Interior Decoration etc.

The curriculum integrating several elective courses, besides the core, has been formulated to provide professionally competent manpower for Academic and Research activities.

**Goals:** To develop an integrated program for life and career for students and enable them to develop entrepreneurial skills.

**Objectives:**

To enable the students to acquire the knowledge and skills required for holistic understanding of the field of Home Science discipline.

To enable the students to acquire the knowledge and competence to practice Home Science in relevant setting.

**PROGRAMME DURATION:**

Six Semesters/Eight semesters

**PROGRAMME STRUCTURE:**

(Tentative)



## K.S.K.V.KACHCHH UNIVERSITY

Faculty of Home science (Family & Community Science]

B.A (Semester-III) NEP, 2020

Sr. No.	Course Type	Name of Course	Credits / Week		Contact Hours
			Theory	Practical	
			L	P	
1	Discipline-specific-Major-1	MJHM-301 Family Meal Management	2	2	4
	Major-2	MJHM-302 Introduction to Resource Management-1	2	2	4
	Major-3	MJHM-303 Indian Textile and Embroidery	2	2	4
2	Minor	-----		-	
	Multi-inter disciplinary	MDHM-303 Basic science	2	2	4
4	AEC-Ability Enhancement course (Language)	Gujrati /English/ Sanskrit/Hindi	2	-	2
5	SEC-Skill Enhancement	SEC-301 Enterprise management	2	-	2
6	IKS Value and knowledge	Bhagwat Gita	2	-	2
			<b>14</b>	<b>8</b>	<b>22</b>

\* At the time of practical examination journal should be completed and certified.

\* At least 70% practical should be completed each semester.



KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY								
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	B.A (HOME SCIENCE)			Branch/Spec.	ARTS			
Semester	3			Version/Pattern	NEP-2020			
Effective from Academic Year	2024-25			Effective for the batch Admitted in	2023			
Subject code	MJHM-301	Subject Name		FAMILY MEAL MANAGEMENT				
Teaching scheme				Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2		2		4	Theory	30	30
Hours	30		30		60	Practical	20	20
Pre-requisites:								
Food Science lab								
Learning Outcome:								
<ul style="list-style-type: none"> <li>-This course enable the students to acquire the knowledge and skills required for holistic Understanding of the field of Home Science discipline.</li> <li>-This course enable the students to acquire the knowledge and competence to practice Home Science in relevant setting.</li> <li>- This course throws focus on dietary management and concept and dimensions of health</li> <li>- This course will enable the students to, understand the concept of an adequate diet and the importance of meal planning.</li> <li>- Know the factors affecting the nutritional needs during the life cycle and RDA for various Age groups.</li> <li>- Gain knowledge about dietary management in specific conditions.</li> </ul>								
Theory syllabus								
Unit	Content							Hrs
1	-----Meal planning ---Importance of meal planning/ Importance of balanced diet ---Importance of RDA/RDI and food groups ---Factors those influence the meal planning ---Point to be consider while meal planning ---Meal patterns and number of servings -calories requirement & Body energy management for a day							7.5
2	---Nutrition for infant ---Growth and development ---Infant feeding schedule, Breast feeding, Bottle feeding, Weaning period/food, Supplementary food ---Nutrition for pre-school children ---Growth and development ,Nutritional requirements ---Nutrition related problems such as PEM, dental carries, anemia, obesity ---Nutrition for school going children --- Growth and development ---Nutritional requirements ---Meal planning for school child and planning for packed lunch. ---Food choice and eating habits --- Importance of balanced diet							7.5



3	<p>---Meal planning and Nutrition for adolescent boys and girls.</p> <p>--Growth and development</p> <p>--Nutritional requirements</p> <p>--Meal planning for nutritional problems such as obesity, eating disorders, anemia, under nutrition</p> <p>--Meal planning for sedentary/moderate/heavy workers</p>	7.5																								
4	<p>Meal planning and Nutrition for some special physiological and physical needs.</p> <p>-Nutrition for Pregnancy, Lactation, Menopause</p> <p>- Nutrition for industrial workers, athletes, Meal composition and effects of tea, coffee and alcohol on athletic performance.</p> <p>- Nutrition during old age - Physical changes, Nutritional needs, Nutritional problems such as osteoporosis, obesity, neurological dysfunctions, anaemia, malnutrition, constipation</p>	7.5																								
	<p><b>PRACTICAL LAB WORK-----</b></p> <p>1. Calorie requirement &amp; Body energy management for a day</p> <p>2- Calculation of nutrients present in different foods Planning, preparing and calculating whole day's meal of-</p> <p>3-Meal planning for infant including weaning food</p> <p>4-Meal planning for infant including supplementary food</p> <p>5- Meal planning for Pre-school children (1 to 3) years</p> <p>6-Meal planning for Pre-school children (3 to 6) years</p> <p>7- Meal planning for School going children (6 to 9 years)</p> <p>8- Meal planning for School going children (10 to 12 years)</p> <p>9- Meal planning for Adolescent boy</p> <p>10--Meal planning for Adolescent boy</p> <p>11. Meal planning for pregnant woman</p> <p>12. Meal planning for lactating mother</p> <p>13. Meal planning for old age man and woman</p> <p>14. Meal planning for Athlete</p> <p>15. Meal planning for sedentary/moderate/heavy worker</p>	30																								
	<p><b>Paper pattern and practical marking system for university exam---</b></p> <p>Attendance-05 marks</p> <p>Assignment-10 marks</p> <p>Internal Internal exam—10 marks</p> <p>Internal practical exam -25 marks</p> <p><b>Total—internal marks—50</b></p> <p><b>Paper pattern and practical marking system for university exam---</b></p> <table border="1" data-bbox="379 1574 1329 1731"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1&amp;2</td> <td>10marks</td> </tr> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 3&amp;4</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 4</td> <td>05 marks</td> </tr> <tr> <td>MCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 4</td> <td>05 marks</td> </tr> <tr> <td>Practical( 3.30-Hrs)</td> <td>2 out of 2</td> <td>From Units 1 to 4</td> <td>20 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 4</td> <td>50 marks</td> </tr> </table> <p>MARKING SCHEME FOR PRACTICAL:- Selection of dish 5 marks Preparation 5 marks Planning 5 marks Viva 5 marks Calculation 5 marks Journal 5 marks Total 30 marks</p>	Descriptive-question	1 out of 2	From unit 1&2	10marks	Descriptive-question	1 out of 2	From unit 3&4	10 marks	Short- notes	2 out of 4	From unit 1To 4	05 marks	MCQ/Blank	5 out of 5	From units 1 To 4	05 marks	Practical( 3.30-Hrs)	2 out of 2	From Units 1 to 4	20 marks	Total-		From units 1 to 4	50 marks	
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Reference (APA Style)	
	<ol style="list-style-type: none"><li>1- Mudambi Sumati R. and Rajagopal M.V. (1990) Fundamentals of Foods and Nutrition, New Delhi: Wiley, Eastern Ltd.</li><li>2-Raheena M. Begum (1989) A text book of Foods Nutrition and Dietetics, New Delhi: Wiley Eastern Ltd.</li><li>3-Srilakshmi B. (1990) Dietetics, New age international (P) Ltd. Wiley, Eastern Ltd.</li><li>4- Gopalan C., Ramasastri B. and Balasubramanian S. (1993) Nutritive value of Indian foods National Institute of Nutrition, Indian Council of Medical Research</li><li>5- Dr. Vrinda Singh(1998) Meal Planning (Hindi version)</li><li>6. Dr.Swaminathan (1990), Ahar avm Poshan(1990) Hindi</li></ol>





KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme		B.A (HOME SCIENCE)				Branch/Spec.		ARTS	
Semester		3				Version/Pattern		NEP-2020	
Effective from Academic Year			2024-25			Effective for the batch Admitted in			2023
Subject code		MJHM-302		Subject Name		Introduction to Resource Management			
Teaching scheme					Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total		CE	SEE	Total
	L	TU	P	TW					
Credit	2		2		4	Theory	30	30	60
Hours	30		30		60	Practical	20	20	40
Pre-requisites:									
FRM (Family resource management) lab									
Learning Outcome:									
- This course throws focus on Home management and concept and dimensions of life									
- This course will enable the students to,									
-Understand the concept of an adequate standard of living and the importance of planning.									
Theory syllabus									
Unit	Content								Hrs
1	<b>Introduction to family resource management</b> Family characteristic influencing management Lifestyle, type of family, family size, stages of family life cycle, standard of living, income of family, education of the family member, place of residence. Role and responsibilities of a housewife								7.5
2	Factors motivating management Goals-meaning and types Values-meaning and types Standards-meaning and types								7.5
3	Decision Making Meaning and steps of decision process Importance of decision Types of decision								7.5
4	Management Process Planning importance, techniques and types of planning Controlling of planning in action Evaluation: importance, relationship to goal, types, formal and informal								7.5



	<p><b>Practical—</b></p> <ol style="list-style-type: none"> <li>1. Study of family living standards</li> <li>2. Study of family goal and values</li> <li>3. Study of decision process of family members             <ul style="list-style-type: none"> <li>A - In selection of carrier</li> <li>B- In selection for life partner</li> </ul> </li> <li>4. To prepare a plan for action while-             <ul style="list-style-type: none"> <li>A- Financial crisis</li> <li>B- Social problem</li> <li>C- Natural climatic crisis</li> </ul> </li> </ol>																									
	<p><b>Paper pattern and practical marking system for university exam—</b>  Attendance-05 marks  Assignment-10 marks  Internal Internal exam—10 marks  Internal practical exam -25 marks  <b>Total—internal marks—50</b></p> <p><b>Paper pattern and practical marking system for university exam—</b></p> <table border="1" data-bbox="384 801 1334 958"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1&amp;2</td> <td>10marks</td> </tr> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 3&amp;4</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 4</td> <td>05 marks</td> </tr> <tr> <td>MCCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 4</td> <td>05 marks</td> </tr> <tr> <td>Practical( 3.30-Hrs)</td> <td>2 out of 2</td> <td>From Units 1 to 4</td> <td>20 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 4</td> <td>50 marks</td> </tr> </table> <p>MARKING SCHEME FOR PRACTICAL:- Selection of dish 5 marks Preparation 5 marks Planning 5 marks Viva 5 marks  Calculation 5 marks Journal 5 marks Total 30 marks</p>	Descriptive-question	1 out of 2	From unit 1&2	10marks	Descriptive-question	1 out of 2	From unit 3&4	10 marks	Short- notes	2 out of 4	From unit 1To 4	05 marks	MCCQ/Blank	5 out of 5	From units 1 To 4	05 marks	Practical( 3.30-Hrs)	2 out of 2	From Units 1 to 4	20 marks	Total-		From units 1 to 4	50 marks	
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	<p><b>REFERANCE---</b></p> <ol style="list-style-type: none"> <li>1. Dr kiran Raval and Neha Shah ,Upkaranoni Ni Geeta ,Divine Publication.Ahemdavad</li> <li>2. House hold equipment manual by S.V.T College of Home Science/SNDT women university,Mumbai</li> <li>3. -Dr.Asha parikh Element of Home science, -1998,Vinod mandir,Indor</li> <li>4. J.P.Sherry,1978 Gruh vyvstha avam gruhkala BAPCCO,Delhi</li> <li>5. Manju Patani 1998, Gruh prabandh, lakhnow.</li> <li>6. Dr Kiran.A.Raval, Gruh vayvastha ak kala.-I,Atul prakashan.</li> </ol>																									



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
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Semester	3				Version/Pattern	NEP-2020		
Effective from Academic Year	2024-25				Effective for the batch Admitted in	2023		
Subject code	MJHM-303		Subject Name		Indian Textile and Embroidery			
Teaching scheme					Examination scheme (Marks)			
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2		2		4	Theory	30	60
Hours	30		30		60	Practical	20	40
Pre-requisites:								
C.T. (Clothing and Textile) lab								
Learning Outcome:								
--Identify the different handloom and clothing in Indian culture - To introduction of element of clothing - To introduce the Indian embroidery and motif of their use								
Theory syllabus								
Unit	Content							Hrs
1	Introduction to clothing Meaning and Significance of the Subject of clothing. Significance of clothing. Co-brief Historical Development in India and in Westren Countries. Khadi-Evolution, National and Economic Significance. Handloom-History, Role in National Economy.							7.5
2	Family clothing Budget & its Importance. Definition of Budget. Importance of Family clothing Budget Method of Making Family clothing Budget Steps in Making a Family clothing Budget							7.5
3	Fashion, definition Characteristics of Fashion. Field of Fashion, Fashion cycle Motivating Factors of Fashion. Factors Influencing Fashion.							7.5



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	B.A (HOME SCIENCE)				Branch/Spec.	ARTS			
Semester	3				Version/Pattern	NEP-2020			
Effective from Academic Year	2024-25				Effective for the batch Admitted in	2023			
Subject code	MDHM-301		Subject Name		Biology				
Teaching scheme					Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	2		2		4	Theory	30	30	60
Hours	30		30		60	Practical	20	20	40
Pre-requisites:									
Biology lab									
Learning Outcome:									
This course will enable the student to -									
<ul style="list-style-type: none"> <li>- Understand the knowledge about evolution of life &amp; information about plant morphology.</li> <li>- Understand the applications of botany and horticulture in agriculture &amp; role of microorganism.</li> <li>- Understand the relation between biology &amp; human welfare.</li> <li>- Understand the physiology of human body &amp; plant physiology &amp; genetics.</li> </ul>									
Theory syllabus									
Unit	Content								Hrs
1	<ul style="list-style-type: none"> <li>- History of life</li> <li>- Origin and evolution of life</li> <li>- Physio – chemical process of early earth leading to origin of life</li> <li>- 1 Operins theory 2 Miller’s experiment</li> <li>- Requirement for sustenance of life :</li> <li>- Light, temperature, water, air</li> <li>Characteristics of life</li> <li>- Metabolism, reproduction and growth of human</li> <li>Theories of evolution:               <ol style="list-style-type: none"> <li>1 Lamarckism</li> <li>2 Darwinism</li> </ol> </li> </ul>								7.5
2	<ul style="list-style-type: none"> <li>- Plant Morphology               <ul style="list-style-type: none"> <li>- External and internal structure of monocot seed- maize and dicot seed, bean and their Germination stages</li> <li>- Pollination</li> <li>- Definition, Agents for pollination</li> <li>- Characters of wind pollinated and insect pollinated flowers</li> <li>- Self and Cross Pollination</li> </ul> </li> </ul>								7.5



3	<p>-Economically useful plants</p> <ul style="list-style-type: none"> <li>-Food: Cereals – Wheat, Rice, Maize</li> <li>-Pulses – Green Gram, Peas, Red gram</li> <li>-Nuts-Cashew nut, Almond</li> <li>-Vegetables: Root - carrot, radish</li> <li>-Stem - potato, yam</li> <li>-Leaf - spinach, amaranth</li> </ul>	7.5																								
4	Medicinal Plants- Ajwain, Clove, Tulsi, ginger, Arduci and other plants, their importance and use	7.5																								
	<p><b>PRACTICAL</b></p> <ol style="list-style-type: none"> <li>1 Study of Operon theory</li> <li>2 Study of Miller’s experiment</li> <li>3 Study of Lamarckism theory</li> <li>4 Study of Darwinism theory</li> <li>5 Study of germination stages in monocot seed maize</li> <li>6 Study of germination stages in dicot seed bean</li> <li>7 Study of insect pollinated flowers hibiscus</li> <li>8 Study of wind pollinates flowers maize</li> <li>9 To study the economically useful plants though specimen</li> <li>10 To study the medicinal plants through specimen.</li> </ol>	30																								
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<b>Reference (APA Style)</b>																										
<p><b><u>Reference Books</u></b></p> <ol style="list-style-type: none"> <li>1. <b><i>Text books of Botany – Dutta A.C.</i></b></li> <li>2. A text book of plant physiology – Kochhar P.L.</li> <li>3. Biology (jivvigyan) - P.K Garg,Mayur Prakashan</li> </ol>																										



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	B.A (HOME SCIENCE)				Branch/Spec.	ARTS		
Semester	3				Version/Pattern	NEP-2020		
Effective from Academic Year	2024-25				Effective for the batch Admitted in	2023		
Subject code	SEC-301		Subject Name		ENTREPRISE MANEGEMENT			
Teaching scheme					Examination scheme (Marks)			
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2				2	Theory	25	50
Hours	30				30	Practical	25	
Pre-requisites:								
Class room								
Learning Outcome:								
this is an introductory course on foundation of Entrepreneurship. It deals with elements and principles of scope and qualities context of regional, traditional and contemporary art and industry.								
- To understand the elements of marketing								
-. To promote group work for managing resources 3. To develop skill in creating new enterprise								
Theory syllabus								
Unit	Content							Hrs
1	---Entrepreneurship -Introduction and development -Concept and scope -Definitions and characteristics -Need for entrepreneurship -Reference to domestic and global market  ----Entrepreneur -Definition, relative words their meaning Manager Technocrat Self employment And Intrapreneurship -Qualities of entrepreneur -Types and forms of enterprises -Factors contributing to the --Entrepreneurship development							15
2	Business corresponds and personality development -Communication skill -Internet and E-commerce -Small scale industries and skill development -SSI and its promotion assistance/services. And government aids  1.Know common business word 2-prepare own biodata' resume format. 3. Survey and study any three enterprise 4. Prepare your e-mail address. 5-Know your customer (KYC) Business identity of its clients )documents 6. Project planning							15



	7. Project cost.-fixed capital and working capital																	
3																		
4																		
	<p><b>Paper pattern and practical marking system for university exam----</b>  Attendance-05 marks  Assignment-10 marks  Internal exam—10 marks  <b>Total—internal marks--25</b></p> <p><b>Paper pattern and practical marking system for university exam----</b></p> <table border="1"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1 to 2</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1 To 2</td> <td>10 marks</td> </tr> <tr> <td>MCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 2</td> <td>05 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 2</td> <td>25 marks</td> </tr> </table>	Descriptive-question	1 out of 2	From unit 1 to 2	10 marks	Short- notes	2 out of 4	From unit 1 To 2	10 marks	MCQ/Blank	5 out of 5	From units 1 To 2	05 marks	Total-		From units 1 to 2	25 marks	
Descriptive-question	1 out of 2	From unit 1 to 2	10 marks															
Short- notes	2 out of 4	From unit 1 To 2	10 marks															
MCQ/Blank	5 out of 5	From units 1 To 2	05 marks															
Total-		From units 1 to 2	25 marks															
<b>Reference (APA Style)</b>																		
	<p><b>REFERENCE books---</b>  .Dr.Parmar, Elements of Entrepreneurship development --, Jamanadas &amp; company.  --R.C.Agarwal 1999, Fundamental of Entrepreneurship development.  -G,H,Board ,Entrepreneurship development --  - C.S.Swarajyala Kshimi Development of woman Entrepreneurship.  Entrepreneurship development --D.R.Patel  A.G.Shah and J.K.Dave Industrial sociology by A.G.Shah andJ.K.Dave,ANADA</p>																	



**Faculty of Home Science (Family & Community Science)**  
**SEM- IV<sup>th</sup> -NEP (2020)**

Sr. No.	Course Type	Name of Course	Credits / Week		Contact Hours
			Theory	Practical	
			L		
1	MAJOR-1	MJHM-401- Community Nutrition and Food Crafts	2	2	4
2	MAJOR-2	MJHM-402 Family Resource Management -II	2	2	4
3	MAJOR-3	MJHM-403 Family Clothing	2	2	4
4	Minor-1	MIHM-401 Family, Human Rights & Law	2		4
5	Multi inter disciplinary	-----	-	-	-
6	AEC	Language	2		2
7	SEC	SEC-401 -AS per college Consumer protection, standardization and Food safety	2	-	2
8	VAC	Bhagwat Geeta	2	-	2
			<b>14</b>	<b>08</b>	<b>22</b>

\*At the time of practical examination journal should be completed and certified.

\* At least 70% practical should be completed each semester.

Syllabus----Effective from June 24\*At the time of practical examination journal should be completed and certified..





KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme	B.A (HOME SCIENCE)			Branch/Spec.	ARTS				
Semester	4			Version/Pattern	NEP-2020				
Effective from Academic Year	2024-25			Effective for the batch Admitted in	2023				
Subject code	MJHM-401	Subject Name		Community Nutrition and Food Craft					
Teaching scheme				Examination scheme (Marks)					
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total	
	L	TU	P	TW					
Credit	2		2		4	Theory	30	30	60
Hours	30		30		60	Practical	20	20	40
Pre-requisites:									
Food Science lab									
Learning Outcome:									
<p>This course builds upon the Fundamentals of Meal Management and provides further information regarding meal planning according to various age groups, activities, festivals etc. as well as information regarding various nutritional deficiency diseases, nutritional assessment and dietary treatment in various diseases. This course will enable the students</p> <p>To Understand basic concept of meal management, meal planning according various age groups, activities, festivals etc.</p> <p>Get familiar with various nutritional deficiency diseases and dietary treatment it them.</p> <p>Get familiar with meaning and various methods of nutritional Assessment.</p>									
Theory syllabus									
Unit	Content						Hrs		
1	<b>community Nutrition</b> -Definition, meaning and importance of community Nutrition -Various factors affecting community nutrition. Nutritional requirement - factors like socio-cultural, religious, geographic, economics -Availability of time, material and resources physical & mental activities, - food faddism and faulty food habit -special nutritional conditions and problem in India						7.5		
2	<b>Nutritional Assessment</b> -Aim, Concept, Importance and Function -Methods of Nutritional Assessment -Types, Factors influences Nutritional status						7.5		
3	<b>Indian Malnutrition relief Government agency and policies.</b> - Nutritional programs working in India. -International programs and organization working to combating malnutrition.						7.5		



4	<b>FOOD CRAFT</b> -Food additives, -Menu planning for festivals like Diwali, Uttarayan, Holi -Planning for some dishes like Punjabi, South, Indian, Chinese, Mexican dishes. - Basic meal patterns and number of servings: According to meal timing as Breakfast, lunch, snacks, Dinner. - Food Presentation Serving-plating, Garnishing, Trays - Food Presentation – Balance, colors, shapes, Textures, Flavors Portion Size, Temperature etc.	7.5																								
	<b>PRACTICALS—</b> 1—study of community nutritional problems in urban area. 2—study of community nutritional problems in rural area 3—comparative study in rural/urban area. 4—study of community nutritional problems in low income group 5 -study of community nutritional problems in high income group. 6.prepare teaching aids for nutrition education 7-Study of different food additives and their activity and effects. 8-Planning menu/dishes for different festivals 9-Planning menu/dishes for different regions of india 10--Planning menu/dishes for different Parties 11-prepare five balahar.	30																								
	<b>Paper pattern and practical marking system for university exam—</b> Attendance-05 marks Assignment-10 marks Internal Internal exam—10 marks Internal practical exam -25 marks <b>Total—internal marks--50</b> <b>Paper pattern and practical marking system for university exam—</b> <table border="1" data-bbox="384 1200 1331 1357"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1&amp;2</td> <td>10marks</td> </tr> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 3&amp;4</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 4</td> <td>05 marks</td> </tr> <tr> <td>MCCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 4</td> <td>05 marks</td> </tr> <tr> <td>Practical( 3.30-Hrs)</td> <td>2 out of 2</td> <td>From Units 1 to 4</td> <td>20 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 4</td> <td>50 marks</td> </tr> </table> <p>MARKING SCHEME FOR PRACTICAL:- Selection of dish 5 marks Preparation 5 marks Planning 5 marks Viva 5 marks Calculation 5 marks Journal 5 marks Total 30 marks</p>	Descriptive-question	1 out of 2	From unit 1&2	10marks	Descriptive-question	1 out of 2	From unit 3&4	10 marks	Short- notes	2 out of 4	From unit 1To 4	05 marks	MCCQ/Blank	5 out of 5	From units 1 To 4	05 marks	Practical( 3.30-Hrs)	2 out of 2	From Units 1 to 4	20 marks	Total-		From units 1 to 4	50 marks	
Descriptive-question	1 out of 2	From unit 1&2	10marks																							
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<b>Reference (APA Style)</b>																										
	<ol style="list-style-type: none"> <li>1.Dr. M. Swaminathan, "Human Nutrition and Diet", The Bangalore Publisher, New Delhi.</li> <li>2. R. Rajalakshmai, "Applied Nutrition", Oxford, B. H. Publishing Co. Delhi.</li> <li>3. Shubhangi Joshi, "Nutrition and Dietetics",Tata McGraw- Hill Publishing Company Ltd., New Delhi.</li> <li>4. Dr. Swaminathan, "Handbook of food and Nutrition", The Bangalore Publisher, New Delhi.</li> <li>5. Shiva prakashan- Handbook of food and Nutrition</li> <li>6. S. R. Mudambianal M. V. Rajgopal, "Fundamental of food, Nutrition and Diet Therapy", Fifth adi. New Age International Limited, Publishers, Delhi.</li> <li>7. Samudayik swasthay avm parivar kaiyan.DR.R.L.Sharma..</li> <li>8. Sohi Darshan, "A Textbook of Nutrition", 2<sup>nd</sup> Edi. (2009) S. Vikas &amp; Comp., Jalandhar.</li> </ol>																									



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme		B.A (HOME SCIENCE)			Branch/Spec.		ARTS	
Semester		4			Version/Pattern		NEP-2020	
Effective from Academic Year			2024-25		Effective for the batch Admitted in			2023
Subject code		MJHM-402		Subject Name		Family Resource Management		
Teaching scheme					Examination scheme (Marks)			
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2		2		4	Theory	30	60
Hours	30		30		60	Practical	20	40
Pre-requisites:								
Family Resource Management lab								
Learning Outcome:								
This course throws focus on Home management and concept and dimensions of life								
- This course will enable the students to,								
Understand the concept of an adequate standard of living and the importance of planning								
Theory syllabus								
Unit	Content							Hrs
1	Money Management -Money as a resource of Family -Sources of income to family -Methods of Money Management -Budget -Saving & investment							7.5
2	Energy Management. -Definition -Importance -Important terminology -Methods to implements							7.5
3	Time Management. -Definition -Importance -Important terminology -Methods to implements							7.5
4	Work Simplification -Importance of Work Simplification -Importance & wise use of leisure time							7.5



	-Methods of Work Simplification - Pathway chart, process chart & micro motion chart																									
	<b>PRACTICAL---</b> 1. Prepare ideal budget for family with different income group. 2. Prepare time management chart for family members 3. Prepare time management chart for home-maker 4. Prepare pathway chart for kitchen and home work 5. Prepare action plan to open bank account and KYC To prepare cooperative study of any three life insurance policies	30																								
	<p><b>Paper pattern and practical marking system for university exam---</b> Attendance-05 marks Assignment-10 marks Internal Internal exam—10 marks Internal practical exam -25 marks <b>Total--internal marks--50</b></p> <p><b>Paper pattern and practical marking system for university exam---</b></p> <table border="1"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1&amp;2</td> <td>10marks</td> </tr> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 3&amp;4</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 4</td> <td>05 marks</td> </tr> <tr> <td>MCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 4</td> <td>05 marks</td> </tr> <tr> <td>Practical( 3.30-Hrs)</td> <td>2 out of 2</td> <td>From Units 1 to 4</td> <td>20 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 4</td> <td>50 marks</td> </tr> </table> <p>MARKING SCHEME FOR PRACTICAL:- Selection of dish 5 marks Preparation 5 marks Planning 5 marks Viva 5 marks Calculation 5 marks Journal 5 marks Total 30 marks</p>	Descriptive-question	1 out of 2	From unit 1&2	10marks	Descriptive-question	1 out of 2	From unit 3&4	10 marks	Short- notes	2 out of 4	From unit 1To 4	05 marks	MCQ/Blank	5 out of 5	From units 1 To 4	05 marks	Practical( 3.30-Hrs)	2 out of 2	From Units 1 to 4	20 marks	Total-		From units 1 to 4	50 marks	
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	<ol style="list-style-type: none"> <li>1. Dr kiran Raval and Neha Shah ,Upkaranoni Ni Geeta ,Divine Publication.Ahemdavad</li> <li>2. House hold equipment manual by S.V.T College of Home Science/SNDT women university,Mumbai</li> <li>3. -Dr.Asha parikh Element of Home science, -1998,Vinod mandir,Indor</li> <li>4. J.P.Sherry,1978 Gruh vyvstha avam gruhkala BAPCCO,Delhi</li> <li>5. Manju Patani 1998,Gruh prabandh ,lakhnow.</li> <li>6. Dr Kiran.A.Raval, Gruh vayvastha ak kala.-1,Atul prakashan.</li> </ol>																									



KRANTIGURU SHYAMJI KRUSHNA VERMA KACHCHH UNIVERSITY									
FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)									
Programme		B.A (HOME SCIENCE)				Branch/Spec.		ARTS	
Semester		4				Version/Pattern		NEP-2020	
Effective from Academic Year				2024-25		Effective for the batch Admitted in			2023
Subject code		MJHM-403		Subject Name		Family clothing			
Teaching scheme					Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total		CE	SEE	Total
	L	TU	P	TW					
Credit	2		2		4	Theory	30	30	60
Hours	30		30		60	Practical	20	20	40
Pre-requisites:									
C.T. (Clothing and Textile) lab									
Learning Outcome:									
Identify the different handloom and clothing in Indian culture									
<ul style="list-style-type: none"> <li>- To introduction of element of clothing</li> <li>- To introduce the Indian embroidery and motif of their use</li> </ul>									
Theory syllabus									
Unit	Content								Hrs
1	Selection of fabrics for clothing. -According to age. Selection of clothing for Children Selection of Mother's clothing Selection of Men's and boy's clothing Selection of old family Members clothing - According to Climate. - According to Occupation. - According to Occasion. - According to figure. - According to Fashion								7.5
2	According to Personality - Importance of clothing in Development of Personality -- Factors Influencing the Selection of clothing.								7.5
3	Readymade Garments & Home Made Garments - Selection of Special Household Clothes. - Bed-Sheets, Pillow Cases, Table Cloth, Bed Covers, - Upholstery, Table Napkin, Towels, Curtains & Draperies, Rugs & Carpet, Blanket.								7.5



4	<p>Study of Traditional textiles of india.</p> <ul style="list-style-type: none"> <li>- Dacca muslin</li> <li>- Chanderi</li> <li>- Baluchar</li> <li>- Brocade</li> <li>- Paithani</li> <li>- Patola</li> <li>- Bandhej</li> </ul> <p>-Traditional dance Costumes of India. -Marriage Costumes of Different States. -Kuchchi Costumes</p>	7.5																								
	<p><b>PRACTICALS--</b> (Children Clothing drafting and stitching)</p> <ol style="list-style-type: none"> <li>(1) Umbrella frock</li> <li>(2) Night Dress</li> <li>(3) Boys Shirt</li> <li>(4) Boys half pant/shorts</li> </ol>	30																								
	<p><b>Paper pattern and practical marking system for university exam----</b> Attendance-05 marks Assignment-10 marks Internal Internal exam—10 marks Internal practical exam -25 marks <b>Total—internal marks--50</b> <b>Paper pattern and practical marking system for university exam----</b></p> <table border="1" data-bbox="384 1111 1334 1267"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1&amp;2</td> <td>10marks</td> </tr> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 3&amp;4</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 4</td> <td>05 marks</td> </tr> <tr> <td>MCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 4</td> <td>05 marks</td> </tr> <tr> <td>Practical( 3.30-Hrs)</td> <td>2 out of 2</td> <td>From Units 1 to 4</td> <td>20 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 4</td> <td>50 marks</td> </tr> </table> <p>MARKING SCHEME FOR PRACTICAL:- Selection of dish 5 marks Preparation 5 marks Planning 5 marks Viva 5 marks Calculation 5 marks Journal 5 marks Total 30 marks</p>	Descriptive-question	1 out of 2	From unit 1&2	10marks	Descriptive-question	1 out of 2	From unit 3&4	10 marks	Short- notes	2 out of 4	From unit 1To 4	05 marks	MCQ/Blank	5 out of 5	From units 1 To 4	05 marks	Practical( 3.30-Hrs)	2 out of 2	From Units 1 to 4	20 marks	Total-		From units 1 to 4	50 marks	
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	<ol style="list-style-type: none"> <li>(2) Durga Deulkar 1984 "Household textile and Laundry work" –</li> <li>(2) Dr. Sushma Gupta, Niru Garg. 1998, Text books of Clothing &amp; Textile .</li> <li>(3) Vimala Sharma Vastra Shilp Vignan – Vimala Sharma</li> <li>(4) G.P.Sherry Vehvaric Vignan Key Mul Siddnant</li> <li>(5) Pramila Varma Vastra Vignan Evm Parichan – <b>bihar granth akadami</b></li> <li>(6) Nirmala Mistri Sivan Margdurshika ane Bharat Margdurshik</li> <li>(8) Amita Patel, Bhanu Patel Basic Clothing and Textile –MS uni, Vadodara</li> <li>(9) Fundamentals of Textile and it's care – Durga Deulkar</li> <li>(10) डॉ. मंजु पाटनी/ रजनी अग्रवाल तन्तु एवं वस्त्र विज्ञान-</li> </ol>																									



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FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	B.A (HOME SCIENCE)				Branch/Spec.	ARTS		
Semester	4				Version/Pattern	NEP-2020		
Effective from Academic Year	2024-25				Effective for the batch Admitted in	2023		
Subject code	MIHM-401		Subject Name		Family welfare, Human rights and laws			
Teaching scheme					Examination scheme (Marks)			
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2		2		4	Theory	30	30
Hours	30		30		60	Practical	20	20
Pre-requisites:								
C.T. (Clothing and Textile) lab								
Learning Outcome:								
To improve status of family and community								
<ul style="list-style-type: none"> <li>- Aware the students the concept of family and child welfare.</li> <li>- Role of government agencies for child protection.</li> <li>- Awareness about rights of children</li> </ul>								
Theory syllabus								
Unit	Content							Hrs
1	Family crisis -Extramarital relations- -Live in relation -widowhood -separation and divorce -Two roles of women -generation gap -Old aging and problem -money matters							7.5
2	Mechanisms for resolution of family crisis -adjustment to new values -Change-over of responsibility -planning for the future -family counseling services -legal remedies							7.5
3	Human protection in India. - Human rights in India - Human rights violation in India - Environmental issues and human rights - Exploitation of children and human rights -Concept, Approaches to child protection							7.5



	-Integrated scheme for child protection																									
4	<ul style="list-style-type: none"> <li>- Rights of children</li> <li>- Juvenile justice Act</li> <li>- Labor-law and working law</li> <li>- Education rights</li> <li>- Child marriage Act</li> <li>- Child adoption Act</li> <li>- Child by live in relation and rights</li> </ul>	7.5																								
	<p><b>Practical--</b> 1. Visit juvenile home and write observation report.</p> <p>2. Visit to court to see live court prosecution.</p> <p>3. Survey any three women welfare center.</p> <p>4. Case study for a prodigal child.</p> <p>5. Study and visit of orphan house</p> <p>6. Visit old age home and prepare observation report.</p> <p>7. Visit welfare agency working for children welfare nearby you</p>	30																								
	<p><b>Paper pattern and practical marking system for university exam----</b></p> <p>Attendance-05 marks  Assignment-10 marks  Internal Internal exam—10 marks  Internal practical exam -25 marks  <b>Total—internal marks--50</b></p> <p><b>Paper pattern and practical marking system for university exam----</b></p> <table border="1"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1&amp;2</td> <td>10marks</td> </tr> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 3&amp;4</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 4</td> <td>05 marks</td> </tr> <tr> <td>MCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 4</td> <td>05 marks</td> </tr> <tr> <td>Practical( 3.30-Hrs)</td> <td>2 out of 2</td> <td>From Units 1 to 4</td> <td>20 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 4</td> <td>50 marks</td> </tr> </table> <p>MARKING SCHEME FOR PRACTICAL:- Selection of dish 5 marks Preparation 5 marks Planning 5 marks Viva 5 marks  Calculation 5 marks Journal 5 marks Total 30 marks</p>	Descriptive-question	1 out of 2	From unit 1&2	10marks	Descriptive-question	1 out of 2	From unit 3&4	10 marks	Short- notes	2 out of 4	From unit 1To 4	05 marks	MCQ/Blank	5 out of 5	From units 1 To 4	05 marks	Practical( 3.30-Hrs)	2 out of 2	From Units 1 to 4	20 marks	Total-		From units 1 to 4	50 marks	
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	<p>(1) चंद्रिका रावल शैलजा धुव स्त्रीओ अने समाज-2014</p> <p>(2) रमेश मकवाणा(1980) 21 मी सटीमां महिलाओनुं स्थान अने लूमिका-रमेश मकवाणा</p> <p>(3) -प्रियंका गर्ग (1998) महिला विवाह, दहेज एवं दाम्पत्य समस्याएँ</p> <p>(4) आर. एल.शर्मा सामुदायिक स्वास्थ्य एवं परिवार कल्याण</p> <p>(5) राजेन्द्र प्रसाद सुन्दरिया 1990 मानवाधिकार एवं भारत का संविधान-</p> <p>(6) प्रा वाघेल .लज्ज, कुटुंब अने बाणकल्याण</p> <p>(7) प्रो. जी. के.दुबे / दी. के. अग्रवाल भारतीय समाज एवं सामाजिक समस्या-</p> <p>(8) डॉ अलका डेविड जीवनचक्र एवं वृद्धावस्था-</p>																									





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FACULTY OF SOCIAL SCIENCE AND HUMANITIES (DOE)								
Programme	B.A (HOME SCIENCE)			Branch/Spec.	ARTS			
Semester	4			Version/Pattern	NEP-2020			
Effective from Academic Year	2024-25			Effective for the batch Admitted in	2023			
Subject code	SEC-401		Subject Name	Consumer protection, standardization and Food safety				
Teaching scheme				Examination scheme (Marks)				
(Per week)	Lecture(DT)		Practical(Lab.)		Total	CE	SEE	Total
	L	TU	P	TW				
Credit	2				2	Theory	25	50
Hours	30				30	Practical		
Pre-requisites:								
Class room								
Learning Outcome:								
<b>This course will enable the student</b>								
<ul style="list-style-type: none"> <li>- Awareness about consumer</li> <li>- To become aware of the consumers problem in the work</li> <li>- To know and evaluate consumer information sources</li> <li>- To detect adulteration and learn preventive measure</li> </ul>								
To know various laws to related consumer protection(Consumer protection act 1886)								
Theory syllabus								
Unit	Content							Hrs
1	<ul style="list-style-type: none"> <li>- Introduction and meaning of Consumer protection               <ul style="list-style-type: none"> <li>- <b>Consumer protection and law</b></li> <li>- <b>Self regulation and awareness</b></li> <li>- Consumer association</li> <li>- Malpractices, Problems of consumer</li> <li>- Adulteration in various levels</li> <li>- Importance of Labels, Brands</li> </ul> </li> </ul>							15
2	<ul style="list-style-type: none"> <li>- Government Regulation and organizations works for standards               <ul style="list-style-type: none"> <li>- Food safety and standards and codex</li> <li>- Various laws of different commodities unit</li> <li>- Consumer education</li> <li>- Definition of consumer education</li> <li>-Mode of consumer education</li> <li>-Objectives &amp; dimensions of consumer education</li> <li>-Benefit of consumer education</li> </ul> </li> </ul>							15
3								



4	----																	
	<p><b>Paper pattern and practical marking system for university exam-----</b>  Attendance-05 marks  Assignment-10 marks  Internal exam—10 marks  <b>Total—internal marks--25</b>  <b>Paper pattern and practical marking system for university exam-----</b></p> <table border="1"> <tr> <td>Descriptive-question</td> <td>1 out of 2</td> <td>From unit 1 to 2</td> <td>10 marks</td> </tr> <tr> <td>Short- notes</td> <td>2 out of 4</td> <td>From unit 1To 2</td> <td>10 marks</td> </tr> <tr> <td>MCQ/Blank</td> <td>5 out of 5</td> <td>From units 1 To 2</td> <td>05 marks</td> </tr> <tr> <td>Total-</td> <td></td> <td>From units 1 to 2</td> <td>25 marks</td> </tr> </table>	Descriptive-question	1 out of 2	From unit 1 to 2	10 marks	Short- notes	2 out of 4	From unit 1To 2	10 marks	MCQ/Blank	5 out of 5	From units 1 To 2	05 marks	Total-		From units 1 to 2	25 marks	
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Total-		From units 1 to 2	25 marks															
<b>Reference (APA Style)</b>																		
	<p>REFERENCE books---</p> <p>Dr.Shashikala Maheshwari,2013,Consumer awareness and practices,Chintan Prakashan  Dr.V.D.Parmar, 2020 Elements of Consumer development –Jamanadas &amp; company.  R.C.Agarval -2021, Fundamental of Consumer practices and development.  –Gujrat secondary,Board-civics book of standard 10 th  C.S.Swarajyala Kshimi Development of woman consumer awareness.  D.R.Anknsa rana2020 Consumer Claims.  A.G.Shah andJ.K.Dave,Industrial sociology.,ANADA</p>																	

